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we have tried to list a number of the most common basic techniques and/or well-known techniques used in Aikido and Basic Aikido Techniques. Aikido Ikkyo

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Gozo Shioda created a structured method in which are considered to be central for the 150 basic techniques. Yoshinkan aikido students practice these diligently to

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Gozo Shioda (, This marked a turning point for the growth of aikido. Shioda's performance attracted sponsorship that enabled him to build an aikido

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Aikido techniques consist of entering and turning movements that redirect the momentum of an opponent's attack, After basic techniques are learned,

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