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Meet your happy chemicals (part 2/5) dopamine |

This is Part 2 of my series on the HAPPY CHEMICALS inside our brains. For Part 1, click here. The first happy chemical I m going to look at is Dopamine.

Meet your happy chemicals: dopamine, endorphin

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Dr. Loretta Breuning, dopamine, serotonin, oxytocin, and endorphin. Dr. Breuning is the author of Meet Your Happy Chemicals, Beyond Cynical,

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